



message notes

JESUS *is* Better

date July 6 & 7

speaker Jon Mahlstedt

The Path to Rest
Hebrews 4:1-11

When fear or unbelief crowds out faith we miss out on God's rest.

Matthew 11:28-30

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Obstacles to rest:

1. The voices we listen to.

Numbers 13:30-33

Philippians 4:8-9

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

2. Trying to earn God's approval.